

Daily Word



UNITY PUBLICATION

JUNE 1945

Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

MAY 20 to JUNE 19

ILLUMINATION (11 a. m.): Thou art the light of my life, and I walk serene and sure.

PROSPERITY (12 noon): With all Thy people I praise and bless Thy Spirit of plenty now manifesting itself in me and in all Thy children.

HEALING (9 p. m.): I praise Thee and bless Thee for the consciousness of health and wholeness this day.

JUNE 20 to JULY 19

ILLUMINATION (11 a. m.): The light of Spirit implanted in me from the beginning breaks forth into my consciousness, and I am spiritually wise.

PROSPERITY (12 noon): My finances flourish, because I have a living consciousness of the eternal, omnipresent substance of Spirit.

HEALING (9 p. m.): The eternal life implanted in me at the dawn of creation is now a living flame, and I manifest perfect health.

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This Is
The G
Poems

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8. God
9. Joy
10. Stab

DAILY WORD

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Vol. 42

JUNE, 1945

No. 6

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DAILY LESSONS FOR JUNE

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Cover Photo—Harold M. Lambert

This Is Friendship

I love you, not only for what you are, but for what I am when I am with you.

I love you, not only for what you have made of yourself, but for what you are making of me.

I love you for the part of me that you bring out.

I love you for putting your hand into my heaped-up heart and passing over all the frivolous and weak things that you cannot help seeing there, and drawing out into the light all the beautiful, radiant things that no one else has looked quite far enough to find.

I love you for ignoring the possibilities of the fool in me and for laying firm hold of the possibilities of good in me.

I love you for closing your eyes to the discords in me, and adding to the music in me by worshipful listening.

I love you because you are helping me to make of the lumber of my life, not a tavern, but a temple, and of the words of my days, not a reproach, but a song.

I love you because you have done more than any creed could have done to make me happy.

You have done it without a touch, without a word, without a sign.

You have done it by being yourself.

After all, perhaps this is what being a friend means.—Selected.

The Great Discovery

WRIGHT FIELD

Excerpted from the original article of the same title,
which is available in pamphlet form.

CONSIDER that the greatest discovery of my life is this: I have learned that *within me* resides the power to control my own moods.

How common it is to hear people say: "I've had the blues all day" or "Oh, dear, I lay awake till midnight last night, just worrying"! It does not enter their mind—any more than it did mine a few years ago—that they have any power to control their thinking.

You may learn with a sense of shock—I know that I did—that often the process of making peace and pleasure take the place of discontent and anxiety in the heart is more or less mechanical. We are prone to think of joy as something that comes when it will—but alas! goes in the same way. We find that someone loves us. We are flooded with such happiness that we can scarcely contain it, and we do not think of the future because of the warm glow of the present that fills our heart. Then that someone turns from us, and in the reaction we are miserable. In an agony of loneliness we look back with longing and regret

to the pleasant dullness of the days that came before we met this person. If only we could be passively content and peaceful again, if only we could forget this joy that was snatched from us before we had more than tasted of it. Those who have not made the great discovery do not comprehend that they can do this very thing. Many a young life that has been sacrificed on the altar of this mistaken unhappiness would have become a bright and shining star in a world in need of light, had the person involved had an inkling of this great gift that we all possess.

Both desire and will are required in a case like this. Many a person feels that his life has been blighted by loss of someone's love. The greatest trouble in most such cases is the fact—a paradox though it may seem—that, deeply as they suffer, those who love do not usually desire to forget. When you firmly and persistently say to yourself, "I really want a new and different interest in life," your battle is half won.

Sit down and fold your hands. Get every nerve and muscle in your body absolutely quiet. Relax mentally from the strain and fatigue of grief (simply putting it aside for a few minutes, as it were) and say over and over, to your subconscious mind, something like the following:

"I am not going to be sad about this thing

any longer. I feel a deep peace stealing into my heart. I am no longer lonely. The world is full of persons who love me and are beloved of me. I am one with all love everywhere. I am at peace with the world. I am going to find a new interest in life immediately. I feel something new coming into my life; it is now manifesting itself for me. I am free. I am free. I am free!"

Though true and lasting happiness comes only from within, do not neglect or refuse outer aid. Suggestion is a powerful thing. A sunny balcony in spring, a seat under a tree in summer, the incense of flowers, all these will help you to relax, to let go of your burden, to feel deep peace steal upon you, to raise yourself to an attitude of happy expectation. A bright dress, a vase of roses on your desk, a cheery fire in your fireplace—how they stimulate you, often lifting you from a mood of depression to one of cheer.

Let us strive to achieve control of our moods. This is the first and the hardest task of all. Behind us are generations of race thinking involving the idea that our moods depend almost wholly upon outward circumstances; that happiness and gloom, peace and inner turmoil, are wholly effects of environment. In reality the opposite is true. By being happy within, we may bring to ourselves circum-

(Continued on page 39)

Let Me Be Kind to All

CLARA REYNER

Let me be true this day in all I say;

Let me be kind to ali.

Give me the courage, Lord, and faith to know

I cannot fall

From grace or love or Truth;

Let me be kind to all.

Let me be loving, gracious, Lord,

Let me be kind and good.

With tolerance as my creed,

Let me stand as Jesus stood

For peace, good will among all men,

And loving brotherhood.

Send down Thy peace, O Lord,

For all the world to see.

Let there be peace on earth;

Let it begin with me!

JUNE 1

Friday

WHEREVER YOU ARE GOD IS YOUR PROTECTION, YOUR DEFENSE, AND YOUR DELIVERANCE.

I CAN PRAY THIS prayer with assurance because I know there is but one presence and one power in the universe, God, the good, omnipotent. All that is out of accord with the one presence and one power is the working of man's error thought and is brought to nothing when man recognizes and declares the truth that there is no power that can oppose God, nothing that can defeat His purposes. God acts through man's recognition of Truth to establish His good.

It is when my vision is dual, when I see good and evil, that I open my consciousness to a multitude of fears. As I keep my vision single to the one presence and one power my heart is at peace, for I know that this presence and power is a living wall of impenetrable Spirit, surrounding and protecting me. If in the face of opposing appearances I can keep my vision single to the one presence and one power, I will have serenity of soul, and my growing faith will help to cast an invincible shield of protection about my loved ones.

✿ *And the angel of his presence saved them.*—ISA. 63:9.

Saturday

JUNE 2

THROUGH THE POWER AND UNDERSTANDING OF CHRIST IN ME I AM FREE TO EXPRESS MY DIVINE SELF.

THE CHRIST SPIRIT within us understands and knows what is in our heart; it knows what lack we feel; it knows that our true desire is for peace, for security, for happiness, for a sense of importance, for a feeling of being loved. It understands all the reasons for our having done any of the things we have done, but it also stands ready at any moment of our life to supply the understanding, guidance, and power we need to change our thought about ourselves and to take a more direct and pleasant path to the fulfillment of the true desires of our heart.

It is through prayer that we discover the understanding and power of our Christ self, and it is through prayer that we discover our ability to lay hold of this power and use it to free ourselves from bondage to anything that has kept us from being the strong, assured, controlled person we are meant to be. Through the understanding and power of the Christ within we can at any point in our development claim our freedom.

✿ *For freedom did Christ set us free.—GAL. 5:1.*

JUNE 3

Sunday

DIVINE ORDER IS ESTABLISHED IN MY MIND,
BODY, AND AFFAIRS THROUGH THE POWER
OF THE INDWELLING CHRIST.

TO BRING OUR consciousness into harmony with the divine idea of order as it exists in the mind of God we need to realize that order is a fundamental idea in the mind of God, that God's universe is an orderly one, that the chaos in the world is not of God's creation but of man's. By recognizing that perfect order does reign in God's universe and then affirming divine order for ourselves, the idea of divine order becomes established in the consciousness, and it begins to find expression in our mind, body, and affairs. We sow the seed by our word, and its fruit is the harmonious expression of order in our life.

Take a few moments each day to relax and affirm divine order for yourself. The Scriptures tell us that God's laws are written in man's heart, therefore we do not have to work to establish divine order, we merely let it come into expression as we remove the barrier of our personal will, and open ourselves to the idea of divine order.

✿ *I will put my law in their inward parts, and in their heart will I write it.*—JER. 31:33.

Monday

JUNE 4

I AM TRULY INDEPENDENT BECAUSE I AM
UTTERLY DEPENDENT UPON GOD.

NO MAN IS complete in his own strength, in his own wisdom, in his own life. He needs something greater upon which to rely, and that something is God. However the man who has not learned to rely upon God feels dependent upon his family, upon his friends, upon his doctor, upon his bank account. But because there is that in every individual which desires independence, when he is dependent upon persons or things to the point of weakness he resists and resents it. By recognizing our dependence on God we can find true independence, for dependence on God quickens the spirit in us that is strong and sure and unafraid.

The person who is not afraid of danger is the one who knows God as his protection. The person who feels secure in the midst of financial reverses is the one who knows the Infinite as his unfailing resource. The person who has the faith to accept healing in the face of fearsome verdicts is the one who knows God as the source of his life.

✿ *Throw the whole of your anxiety upon Him, because He cares for you.*—I PET. 5:7 (Weymouth).

JUNE 5

Tuesday

I AM ONE WITH THE LIFE OF GOD, AND I AM
HEALED AND MADE WHOLE.

ACKNOWLEDGE TODAY that you are one with the life of God. Feel this divine current of life flowing through every nerve and cell in your body, strengthening you and restoring you to wholeness in every part. Relax in mind and body. Let go of every thought of imperfection and know that you were created perfect and that this perfection is now made manifest in you.

If you have some special healing problem you are working on, take time each day consciously to still your thoughts, and rest in the assurance of your oneness with God's life and wholeness. If you feel the need of more strength and vitality to carry you through each day, affirm that you are one with God's life and energy. As you keep your thoughts centered on life and wholeness, all ills, however large or small, will disappear, and you will become radiant and vital, and the perfection that is your divine heritage will come into expression in your mind and body.

*For with thee is the fountain of life.
In thy light shall we see light.*

—PSALMS 36:9.

Wednesday

JUNE 6

I KNOW THAT I CANNOT LACK ANY GOOD THING, FOR I TRUST IN GOD AS THE SOURCE OF MY SUPPLY.

“**T**HEY THAT seek Jehovah shall not want any good thing.” When you fully understand this text, you gain a new realization of the countless blessings that God has in store for you. You know that you cannot lack anything you need to make you comfortable and happy.

True and abundant prosperity is the heritage of all God's children, and it is yours when you turn to Him to supply all your needs. Prosperity includes a place of happy service, whether it be in the home or in the business world. It includes the right place to live, the right friends and companions, the right environment and recreation. It includes order and security in all of your affairs.

If you have felt lack in any phase of your life, if you have felt that you have had to go without any good thing that you wanted, acknowledge God as the source of all your supply, and He will pour out His rich blessings upon you.

✿ *But they that seek Jehovah shall not want any good thing.*—PSALMS 34:10.

JUNE 7

Thursday

I CONSECRATE THIS DAY TO GOD.

I CONSECRATE THIS DAY to God. Every moment of it will be filled with God, blessed by His presence. I will open the windows of my heart and soul so that His light may come streaming through in radiant glory.

This day I will go the way of God. I will let Him inspire my every thought. I will follow His guidance in my every action.

There will be no fear in this day, for God will be here, blessing its every moment. There will be no anxiety in this day, for God will guide me, direct me, give me His wisdom, His counsel, His love.

The work I do this day will be dedicated to God that it may be a loving service, a joyous service, a worthy service.

This day will be filled with His goodness, with His harmony and perfection. I shall know things as God would have me know them.

I consecrate this day to God. Today I shall know His strength, His love, His blessing.

*This is the day which Jehovah hath made;
We will rejoice and be glad in it.*

—PSALMS 118:24.

Friday

JUNE 8

I AM AT PEACE BECAUSE MY MIND IS STAYED
ON THY LAW OF GOOD.

“GREAT PEACE HAVE they which love thy law: and nothing shall offend them.” This is the way to establish peace within ourselves: to love God’s law. To love His law is to understand its meaning, to realize that it is the working principle of the universe, the principle of good that is unchanging, that can always be relied upon.

“And nothing shall offend them.” Things that formerly had the power to disturb you can no longer mar the calm peace of your soul, for when you love the law (the Lord) your trust is centered in the great principle of good, and you trust it for the outworking of your problems.

Love of the law makes the soul a true temple of God. Love of the law insures good for the soul because it inspires obedience to the principle of good. Love of the law calls man’s wandering forces home and centers them in God. Truly, “great peace have they which love thy law: and nothing shall offend them.” Perfect peace is realized when the mind and heart are stayed on God.

✿ *And thy law is my delight.*—PSALMS 119:174.

JUNE 9

Saturday

GOD HAS GIVEN ME A JOYOUS HEART.

SO MANY TIMES WE feel that if the circumstances of our life were different, if this person or that person would change, if we had this obligation paid or had that other job, how joyous living would be. Then we could be cheerful and happy! When we are around persons with a joyous heart, we sometimes think that if we had all the things in life they have, we could be joyous too. The truth is that joy is a quality of the spirit not dependent upon any person, place, or position.

A joyous heart can be cultivated. The first thing to know is that you have joy in your heart, for your heart is one with God, and God is the fullness of joy. When you give your thought and attention to joy, you feel it rise within you and stir your heart, lighten your thought, and radiate from you like a magnetic force to bless those in your life and to draw to you all the things you delight in.

A joyous heart is attuned to the loveliness and beauty in life, to all that is good and in order. A joyous heart has the courage and the stamina to meet life triumphantly. Let your heart be joyous!

• *In thy presence is fulness of joy.*—PSALMS 16:11.

Sunday

JUNE 10

THE CHRIST IN ME STABILIZES ME, AND I AM CALM AND UNDISTURBED AT ALL TIMES.

WHAT A SUSTAINING thought it is to know that within us is the presence of God, which at all times steadies and strengthens us! The Christ in us stabilizes us in the realization that neither persons nor things nor circumstances can affect us adversely. The person who is unstable is easily upset by external things, his states of mind and emotion vary according to the circumstances around him. The stable person is undisturbed by outer things, by anything a person may say to him or do to him, by whatever circumstances may arise. When something upsetting occurs, he takes a firmer hold on Truth, strengthens his consciousness by relying on that power within him which never fails.

Say to yourself: "The Christ within me is an enduring, unchanging power which now gives me the strength, the courage, the peace of mind I need. I am calm, steady, and stable in the Truth." You can become so conscious of this truth that nothing in all the world will disturb you.

✿ *My beloved brethren, be ye stedfast, unmovable.*—I COR. 15:58.

JUNE 11

Monday

I TURN TO GOD, THE POWER WITHIN ME,
AND FIND STRENGTH AND COURAGE TO MEET
EVERY EXPERIENCE.

I TURN TO GOD, the power within me, and find strength and courage to meet every experience. The challenges of the day can be met with poise and confidence, and I can learn to take that which is good from every experience and profit by it.

I am deeply grateful to God for the great strength He has given me, a strength that is reinforced by understanding, that helps me handle the affairs of my life with love and wisdom.

I am deeply grateful to God for the courage He has given me with which to meet challenges, to rise to them and above them braver, stronger, wiser than before.

My heart is at peace, for I know that God is a vital power to aid me whenever I need Him. The strength that He sends forth through me is a quiet strength that is unfaltering. He bestows on me His blessings of courage, of fearlessness. He blesses me with His love.

☛ *Awake, awake, put on strength, O arm of Jehovah.*
—ISA. 51:9.

Tuesday

JUNE 12

THROUGH MY POSITIVE THOUGHT AND WORD I AM HELPING TO BUILD A WORLD OF EVERLASTING BEAUTY AND PEACE.

GOD CREATED THE world from void and darkness through the power of the word. He said, "Let there be light," and there was light. Through the power of our word we are cocreators with God in shaping our own destinies and in helping to shape the destiny of the world.

If we want peace we do not think of war but we decree: Peace is now established. If we want love we do not think of greed or hate, we decree: Love is now expressed. If we want life, we do not think of death, we decree: We live in God now. We dwell on the thoughts and speak the words that correspond to the conditions we wish to create.

Today in the stillness of your soul determine to decree only love, peace, tolerance, kindness, patience, and harmony. Let go of all limited, mortal concepts and behold the love of God spread abroad through every land, dissolving all hate, greed, selfishness, all causes of war. Thus you help build a world of everlasting beauty and peace.

✿ *Thou shalt also decree a thing, and it shall be established unto thee.*—JOB 22:28.

JUNE 13

Wednesday

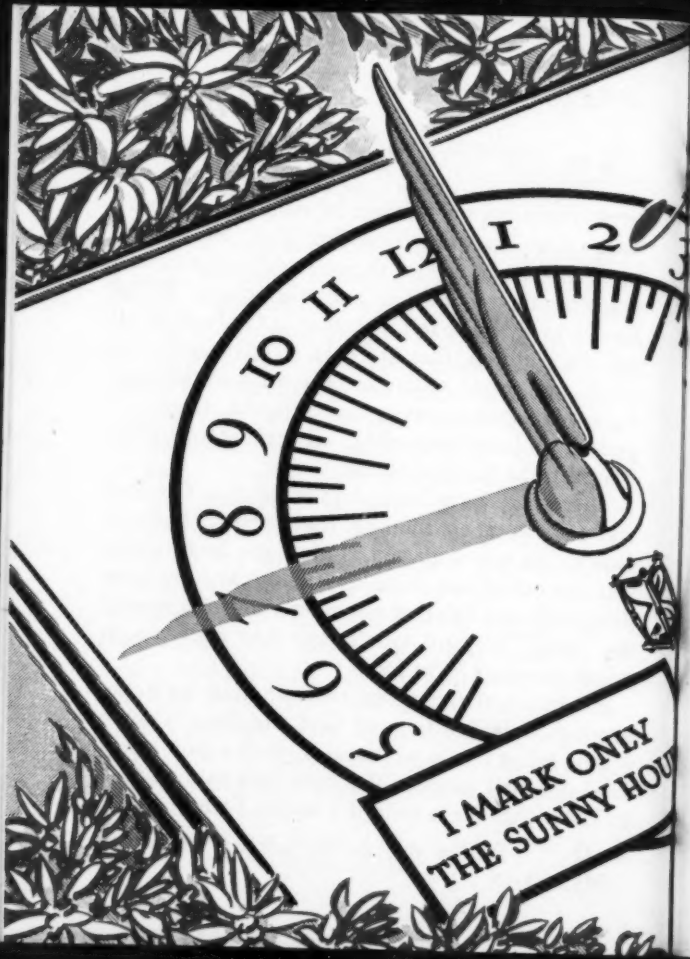
I AM THE CHILD OF A LOVING FATHER.

SOMETIMES WE NEED to be reminded, as Jesus' disciples were reminded, that "he maketh his sun to rise on the evil and the good, and sendeth rain on the just and the unjust." What Jesus was trying to tell us is that in God's sight all are His children, that in God's sight there are no "evil" or "good" souls but only souls in different states of consciousness, in different stages of growth and understanding, all seeking to understand life, to find happiness.

There may have been days when you felt that you were numbered among the "unjust," but still God's love was with you to bless you and to help you rise out of any mistake. There may have been days when you felt that you were numbered among the "evil," but still God's love was with you to guide you, to forgive you.

All of us at times feel that we must be undeserving of the blessings of God, but there is never a time when this is so, there is never a time when God does not love us. We need only turn to Him to know that He is indeed a loving Father!

☛ *He . . . sendeth rain on the just and the unjust.*
—MATT. 5:45.



I MARK ONLY
THE SUNNY HOURS



Another Day

FLORENCE SCRIPPS KELLOGG

Another day is given me,
Another opportunity
To greet with joy the sunshine sweet;
Another chance to make complete
A cherished plan for someone dear,
Whose heart is mine to lift and cheer.

Another chance, another day
To fill with memories glad and gay;
To make each hour a precious one
From sunrise to the set of sun;
To make new friends, new blessings earn,
To love and be loved in return.

Another chance for me to see
The beauties nature spreads for me:
The fragrant flowers, the blossoming tree,
Red sunset over tranquil sea,
The lovely countryside, and hark!
The silvery call of meadow lark.

Another day is mine to live;
Another chance to grow and give,
To lose myself, dear Lord, in Thee
And bless each opportunity
To prove Thy loving, tender care,
And gratefully Thy blessings share.

Thursday

JUNE 14

I AM ONE WITH THE VERY SUBSTANCE OF GOD. I AM STRONG, HEALTHY, AND SUCCESSFUL.

THE SUBSTANCE of God is everywhere present, it permeates animate and inanimate things. I cannot know failure, illness, or weakness when I realize that I am one with the very substance of God.

Every nerve and cell of my body is composed of God substance. I am constantly illumined by the light of God's Spirit, continually renewed and revitalized by His presence and power. Every muscle and fiber of my being is relaxed, free from tension. It is as if invisible shoulders bore my burdens and invisible hands performed my tasks effortlessly. I know that this unseen power and help is the substance of God manifesting itself through me.

I cease going about my daily duties tense or strained. I accomplish each task with quiet efficiency, in an atmosphere of order and harmony.

I am a spiritual being, one with the very substance of God. All that I do I do to the glory of Him who created me perfect.

✿ *God . . . hath . . . spoken unto us in his son . . . the very image of his substance.*—HEB. 1:1, 2, 3.

JUNE 15

Friday

I AM CONSCIOUS OF THE GLORY OF CHRIST
WITHIN MYSELF, AND I SEE HIS BEAUTY IN
ALL PERSONS, PLACES, AND THINGS.

AT THIS TIME OF year the fields in the distance begin to look very green and many of us feel the urge to go to new places and see new scenes. Perhaps there are conditions about us from which we would escape, and so we reach out to some distant point, thinking that there we shall find happiness. Remember that when you reach your destination there is always one person who will be with you, and that is yourself. You can leave your environment and other persons behind, but your own consciousness goes with you. Therefore why not make that consciousness a serene and happy one right where you are, so that when you do travel to new places you will be better able to enjoy them.

By being conscious of the glory of Christ within you, by seeing His beauty in all persons, places, and things you develop your capacity for appreciation, for happiness, for thankfulness, and open the door to a larger and more satisfying life.

✿ *I will dwell in the house of the Lord for ever.*
—PSALMS 23:6 (A. V.).

Saturday

JUNE 16

IN GOD I LIVE, MOVE, AND HAVE MY BEING.
HE SATISFIES MY LONGING SOUL AND FILLS
MY LIFE WITH HIS GOOD.

THOSE who long for love and hunger for happiness need to know, as did the Psalmist long ago:

"He satisfieth the longing soul,

And the hungry soul he filleth with good."

Whatever your soul need may be, whatever it is that you feel a lack of in your life, your need can be filled, your lack erased as you turn your thought, your attention from the unhappiness or frustration you feel in your life to the inner, unconquerable you. You live in God, you move in God, you have your being in God. Your realization of this can be a transforming influence in your life; for when you live in God, you live fully, freely, happily; when you move in God, you move with sureness, rightness, and divine direction; when you have your being in God, you express His love, His joy, you attract love and joy and satisfying human relations. In God you live, move, and have your being—keep this thought always before you, and you will be a happy person!

♣ *He satisfieth the longing soul.*—PSALMS 107:9.

JUNE 17

Sunday

CHRIST IN ME GIVES ME DOMINION OVER
MYSELF AND MY WORLD.

MANY PERSONS BELIEVE that when negative feelings arise in them they are unable to control them; they believe themselves to be the victim of their feelings. This is not true. Man always has dominion over himself and his world, but he must assert this dominion. One way to assert it is to repeat words that contain the ideas one wishes to express. For example, if you feel angry or hurt, affirm: "The love of Jesus Christ in me dissolves every adverse thought and condition, and I am an open channel for the expression of divine love." If you feel depressed or unhappy, affirm: "I am eternal, radiant joy." Even physical states respond to the power of your word. If your body feels tired, affirm: "I am filled with life and strength and health."

The positive word, repeated again and again, is like a ladder up which the consciousness mounts. Do not allow fear, anger, unhappiness, any negative emotion to rule you but instead arise through the power of your word and assert your dominion.

♣ *Take with you words, and return unto Jehovah.*
—Hos. 14:2.

Monday

JUNE 18

I AM MEETING THE EXPERIENCES OF MY LIFE
WITH GOD'S LOVE.

GOD WILL help me to meet the experiences of my life with His love if I will give Him the opportunity. I will seek the "soft answer" rather than the hasty or harsh one. I will let the words of my mouth be guided by the Spirit of God in my heart. God speaking through me is wisdom, and His wisdom is needed by mankind. God speaking through me is tenderness and harmony, and His tender mercy and His loving harmony are blessed gifts sought by all.

A carefully chosen word to another person can change the course of his life. I would bring only good then to another's life. A loving act can shine forth as a guiding light to many other persons. I would share God's light with all who look to me.

God's love is here within me. I need but turn to it, and as quickly as a breath is taken, in the space of a short rest in music, it will flood my heart so that I have all I need to help me meet the experiences of my life, all I need to let me share with others.

✿ *Love one another, even as I have loved you.*—JOHN 15:12.

JUNE 19

Tuesday

WITH ABSOLUTE FAITH THAT GOD IS GUIDING ME, I TAKE STEADY STEPS TOWARD MY HEART'S DESIRE.

BEGINNINGS are usually small and insignificant, but in reality they are the most important things in life. The tiny rivulet becomes a mighty river that carries ships to the sea. An idea in a man's mind can be the beginning of a great bridge. One woman's love for the wounded became the great organization of the Red Cross.

Although we are sometimes reluctant to make beginnings because they pull us out of the old comfortable ways and set us on untried paths, we can never reach our heart's desire without them.

Is there some heart's desire you would attain yet feel is beyond your reach? While its attainment may seem impossible to you at this moment, you can reach your goal if you have faith in yourself and in God and make even the smallest beginning.

Make your beginning today, and let God help you reach your goal. Prayer is an important part of any beginning, so always pray first. Then act. Pray, then take a step toward your heart's desire.

♣ *In the beginning was the Word.*—JOHN 1:1.

Wednesday

JUNE 20

THE LIGHT OF SPIRIT IMPLANTED IN ME FROM THE BEGINNING BREAKS FORTH INTO MY CONSCIOUSNESS, AND I AM SPIRITUALLY WISE.

—UNITY CLASS THOUGHT.

WHEN WE encounter puzzling problems, it is good and helpful for us to remember that we do not have to depend upon our own wisdom and knowledge to solve them. We have an infallible guide that will direct us. This guide is the light of Spirit, which God the Father has implanted in each of us.

The light of Spirit may not be visible to us in an outer way, but it is nevertheless very real; and we can perceive it with our faith when in a receptive attitude of heart and mind.

When we need illumination or guidance, let us first of all realize that God has given us His Spirit of light. Then as we invoke it by affirming our faith in its guidance, we shall find that light breaks forth into our consciousness, and that we are no longer doubtful of the correct procedure to follow. We are wise with the wisdom of Spirit, and all is clear.

☛ *Then shall thy light break forth as the morning.*
—ISA. 58:8.

JUNE 21

Thursday

MY FINANCES FLOURISH, BECAUSE I HAVE A LIVING CONSCIOUSNESS OF THE ETERNAL, OMNIPRESENT SUBSTANCE OF SPIRIT.—UNITY CLASS THOUGHT.

GOD, SPIRIT, knows no shortage or lack, for He is a God of lavish abundance. A study of the law of mind action assures us that a condition of lack is always out of accord with divine principle, which provides plenty and more to meet every human need of mind, body, and affairs.

Spirit substance is the invisible spiritual essence out of which all things are formed and made. We shape it and bring it into manifestation through our faith. The remedy then for any condition of lack is for us to increase our faith in God as instant, constant, and abundant supply.

If the money we have on hand is insufficient to meet some need, let us at once cease all worry and direct our attention to the inspiring truth that God's substance is at hand now. We shall soon find that our finances are flourishing.

*And the Almighty will be thy treasure,
And precious silver unto thee.*

—JOB 22:25.

Friday

JUNE 22

THE ETERNAL LIFE IMPLANTED IN ME AT THE DAWN OF CREATION IS NOW A LIVING FLAME, AND I MANIFEST PERFECT HEALTH.—UNITY CLASS THOUGHT.

WHEN WE read in the newspapers today stories of the persistence of human life under almost unendurable privations and hardships, we perhaps marvel at the unquenchable vitality of the human spirit. But these stories confirm our belief that the divine life that God implanted in man is triumphant over any suffering or oppression.

Life is ours to express, and we express it to whatever degree our faith can expand. We can consider ourselves victims of circumstance and subject to ill-health, and demonstrate just that. But the divine spirit in us bids us, "Be ye therefore perfect, as your Father in heaven is perfect."

Life, deathless, eternal life, is within us as an unquenchable fire, awaiting our full acceptance and expression of it. As we through our faith stir it into flame we are vitalized, strengthened, renewed in every cell, and we manifest health.

✿ *Stir into flame the gift of God, which is in thee.*
—II TIM. 1:6 (Margin).

JUNE 23

Saturday

I SEE THE CHRIST IN YOU; I HAVE FAITH IN
THE CHRIST IN YOU.

WHAT ONE of us has not at one time or another desired with all his heart to be able to help a loved one or acquaintance with his problem? It is blessed to have a heartfelt desire to help another person, but it is more blessed when we can see the Christ in him and have faith that the Christ Spirit will fulfill his need. What person is there who would not prefer actually to realize for himself the way to the reservoir of life and supply and joy, so that he could go time after time to be refilled and satisfied, rather than have his temporary need filled in a temporary way?

When we look at another person and see the Christ in him, we stir up the Christ Spirit within him, which enlightens his mind, guides his way, heals his body, and gives him peace. When we have faith in the Christ in him, we have faith that his triumphant spirit will take him through anything he has to meet; we realize that he will gain in wisdom and strength by meeting his own problems and overcoming them through the power of Christ.

✿ *We have the mind of Christ.*—I COR. 2:16.

Sunday

JUNE 24

I AM CENTERED AND POISED IN THE CHRIST MIND, AND NOTHING CAN DISTURB THE CALM PEACE OF MY SOUL.

As you affirm these words, prayerfully and confidently, you will find that a spirit of peace and serenity is established in your heart. Whenever anything happens that seems to upset you or disturb you, turn within and rest in the consciousness of God's peace and power. Acknowledge that you live, move, and have your being in Him, and that His wisdom is at work in your affairs, bringing harmony and order into your life.

Constant awareness of the presence of God, perfect trust in His power to bring you safely through every experience, will keep you poised and calm in the face of any emergency. Knowing that you are never alone, that He is always with you, guiding and illumining you and giving you strength, will make you a peaceful, serene person, one that others instinctively turn to in times of stress. As you allow Him to take charge of your thoughts and affairs, you will be blessed with the knowledge that all is well.

✿ *Thou wilt keep him in perfect peace.—Isa. 26:3.*

JUNE 25

Monday

I AM SPIRIT. I RISE TRIUMPHANT OUT OF
EVERY LIMITATION.

MANY persons have the feeling of being "strangers and pilgrims on the earth . . . seeking after a country of their own." We find a "country of our own" when we realize our spiritual identity, when we know ourselves as children of God.

If you feel inadequate to the problems of your life, if you feel isolated from love, if you feel restless or dissatisfied, lift your thought about yourself, enter a new territory of spiritual power by holding a thought like this about yourself: I am Spirit. I rise triumphant out of every limitation. I am at peace within myself; I am at home in the world.

Every day bless the "country" in which you find yourself, adjust yourself to your environment by blessing it, discover your oneness with other persons by giving them your loving interest and understanding. You belong in the happiest, freest, most satisfying place in the world; you find yourself in that place when you find yourself in God!

♣ *Now they desire a better country, that is, a heavenly.*
—HEB. 11:16.

Tuesday

JUNE 26

IN GOD IS THE ANSWER TO EVERY PRAYER
OF MY HEART.

HOW MANY of us know what real soul growth we gain when we go to God in prayer? We of course go to God when we are in trouble or in need, but we deny ourselves much by not going to Him in prayer when our heart is light and our mind is free. It is at times when we are unburdened and joyful that prayer can be a soul-stretching experience. We are lifted up into wondrous new understanding about life, about ourselves, about God. It is our prayer of thanksgiving in times when all is well in our life that increases our capacity to take in and assimilate the Truth of God to sustain us in faith and assurance through times when our heart may be heavier or our mind may not see our answers as clearly.

True prayer is the giving of self over to the experience of realizing oneness with God, it is the laying aside of self, the willingness to let go of preconceived ideas so that the clear vision and pure intelligence of Spirit may shine through the mind and heart.

✿ *Pray to thy Father who is in secret, and thy Father who seeth in secret shall recompense thee.—MATT. 6:6.*

JUNE 27

Wednesday

I AM COMFORTED AND STRENGTHENED
THROUGH MY UNDERSTANDING OF TRUTH.

IF I HAVE experiences to meet that seem bewildering or distressing, I turn in my heart and mind to the Truth about life. I remind myself that from human point of view life may sometimes appear unjust, cruel, or sad, but from the divine point of view, the larger view, every experience, every happening—could we but see and understand—would have meaning. From this standpoint the things that seem hard to bear are like the incidents of our childhood when we grew and learned, sometimes with falls and tears that seemed cruel at the time but that, if remembered at all, are remembered only because of what we gained through them.

I am comforted and strengthened through my understanding of Truth. I stand firm and strong through times of doubt or stress. I keep my consciousness open always to the larger Truth of God. I keep my mind and heart at peace by trusting in the eternal goodness of God, the unfolding wonder of life.

✿ *Now our Lord Jesus Christ . . . comfort your hearts.*
—II THESS. 2:16, 17.

Thursday

JUNE 28

GOD WITHIN ME IS DIRECTING ME. HE IS MY GUIDE AND MY INSPIRATION.

GOD WITHIN us is a mighty directing force. We need not hesitate or falter at any time when we depend upon Him for guidance and inspiration. When we become quiet within and seek inner guidance, we are blessed with poise and the assurance that we are doing the right thing at all times.

We are constantly faced with problems to be solved, decisions to be made, and we need inspiration and guidance in our daily living. Our ability to unify ourselves with God guiding, directing, all-knowing power helps us to choose with confidence the right solution to every problem, and we are guided through every experience. With His guidance we are led in right directions and our life is orderly and peaceful.

We rise out of doubt and uncertainty in deciding how to handle any problem, whether large or small, when we realize that God within us is an all-knowing power that guides us in all our way.

*Guide me in thy truth, and teach me;
For thou art the God of my salvation.*

—PSALMS 25:5.

I AM ONE WITH THE LOVE OF GOD. I LOVE AND UNDERSTAND ALL GOD'S CHILDREN.

As individuals we react to life and to the challenges of life very differently, since we have varied backgrounds of education, environment, and training, as well as individuality of soul nature. From the human point of view it is not always easy to understand or to love those persons whose character or mannerisms are not what we admire or can take to our heart. But when we can realize that we are essentially spiritual beings, that even the unpleasant personality is developed through a misdirection of the inherent desire in every person for love, for peace, for an absorbing interest in life, we can feel a oneness with all persons; we can love all persons in the divine sense.

We are all beloved children of God. It is up to those of us who understand this to take the first step toward harmonizing difficult situations that arise in human relations by looking past differences and dislikes and loving and understanding the real desires, aims, and purposes of our fellow human beings.

☛ *Be ye therefore imitators of God.*—EPH. 5:1.

Saturday

JUNE 30

THE CHRIST AUTHORITY MANIFESTING ITSELF
THROUGH ME CONTROLS THE CIRCUM-
STANCES OF MY LIFE.

IT HAS been said that there are no hopeless situations; there are only men who have grown hopeless about them. Such persons have not learned to use their Christ authority.

Through the power of your indwelling Christ you have dominion over every circumstance and condition of your life. Through the Christ Spirit you have authority over your body, authority to recognize and call forth its divine perfection. Through the Christ Spirit you have authority over your mind, authority to control and direct your thought activity. The Christ authority established in you is expressed as confidence and self-control. The Christ Spirit radiates through you into your environment, attracting to you pleasant surroundings and harmonious relations.

Today think of yourself as having the very authority of Christ behind you, and you will feel a new strength and confidence that will see you through any situation.

♣ *For he taught them as one having authority.*—MATT. 7:29.

The Great Discovery

(Concluded from page 5)

stances that more than justify the feeling; by calming and cooling our spirits, by speaking the word of Truth to ourselves, we may spread oil on the troubled waters about us, in the home, in business, in social life.

Do not try to change your mood, your feeling, by mere negation. Do not simply deny that you are depressed or hopeless. Do not try to force your mind into a new way of thinking, nor to push away the intruding thought. If you tell a child to stop crying, he will, as every mother knows, merely increase his efforts. But if his attention is called to some new interest, he will stop with the tears undried on his cheeks, and hold out eager hands, or listen eagerly to the new thing that you have given him to think about. Even physical pain may for a time be erased in this manner. Give your mind a new thought, a new interest, to take the place of the old, and see how quickly the mind will respond with renewed interest in life.

Thought controls the world; within you resides the power to control your thoughts, and thus to mold your destiny, form your environments, change your personality, and heal your inharmonies and diseases.

Do Not Limit Your Supply

If you believe your business or your job is the source of your supply, your supply will be limited to what you can earn in that business or job. But if you can realize that God is the source of your supply there is no limit to the supply you may receive.

The Prosperity Bank plan is designed to help people realize that God is the source of their supply and to prove it by sharing their supply with others.

The Prosperity Bank plan has helped thousands of people to establish prosperity in their affairs by means of the realization and practice of Truth. It can help you to do this too, and at the same time provide a convenient way to share Truth with your friends by sending gift subscriptions for **DAILY WORD**. As you follow the daily Bank drill and save for your gift subscriptions, Silent Unity will pray with you for your prosperity.

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

Please send me a Prosperity Bank and enter a year's subscription for *Daily Word* for each of the persons here named. I will save \$3 for the subscriptions, which are to begin at once. I ask the prayers of Silent Unity for my success.

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Please indicate postal zone numbers, if cities are so divided.

D-8-45

The Kingdom of Heaven Is Yours to Enjoy Now!

Jesus often spoke of the kingdom. He said it "is at hand"; He said it "is within you." Since Jesus spoke in Truth and for all time, you are assured that heaven is not a far-off place. No, the kingdom of heaven is at hand for you, awaiting your claim of peace, love, health, and bountiful supply—whatever you are now seeking, the attainment of which will mean heaven to you.

If you wish to bring the kingdom of heaven into your daily affairs, you will want to unite with others in Unity's Kingdom-Way-of-Life Program, which is taking place during the months of May and June. To unify the thoughts and prayers of all participating students, Unity recommends the study of the book

GOD IS THE ANSWER

Dana Gatlin shows in *GOD IS THE ANSWER* just how God is the answer to every human need. Furthermore she shows you how to surmount any problem by centering your attention upon God rather than upon your problem, and she inspires you to seek the spiritual vision whereby you can see the infinite possibilities of fulfillment of your heart's desires.

To accompany the book *GOD IS THE ANSWER* Unity has prepared a special practice guide entitled *Heaven Is Here*. This guide explains further what is meant by the kingdom way of life. It also gives you the definite steps to take in your daily prayer and study periods.

Plan Now to Take Part in This Program

All you need to do to unite with others in Unity's Kingdom-Way-of-Life Program is to have at hand a copy of *GOD IS THE ANSWER* and the *Heaven Is Here* practice guide. *GOD IS THE ANSWER*, in a beautiful new edition, is priced at \$1. The practice guide is free and is included with every copy of *GOD IS THE ANSWER*. If you already have a copy of the book be sure to ask for the free practice guide so that you can take part in the program.

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.



Sky Builders

MARTHA SMOCK

June of endings and beginnings!
Schoolrooms empty of their crowd
Of tumbling tots and sober seniors.
Glad and sad they dream their dreams,
The little ones of play, while seniors
Dream of an uncertain world
Where only they are certain.

June! when goals are great,
And castles go up overnight on clods of cloud;
When we dream dreams of freedom for all men,
And have high hopes to understand,
To know ourselves as sons of God.
Our castles in the heavens rise as faith
Is heightened in our heart,
And every prayer, every spark of faith adds
Turrets, towers, ramparts to the structures
We behold as beautiful!

Have you a dream, have you a castle in the sky?
Hold to the heavenly blueprint!
For whether small or large your dream,
The world is lifted as your faith is lifted;
And you who dream shall learn
That dreams do come true,
Air castles come to earth!

